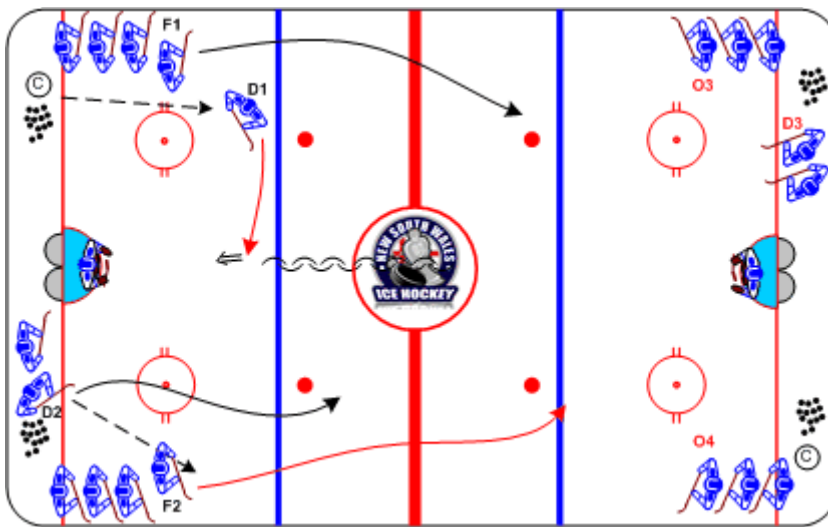




## 2-on-1 with 2nd Shot

Duration: 7 mins

- © passes to **D1** for shot on goal
- **D2** passes to either **F1** or **F2** for 2-on-1 vs **D1**
- **D2** follows up play
- After 2-on-1, © passes to **D2** for 2nd shot
- **F1** and **F2** remain in front of the net, **D1** takes a check
- **D3** passes to **O3** and **O4** for attack on **D2**



### Coaching Tips

- Box out - body position
- Defense retreat quickly after point shot
- Communication

### Execution Tips

- Continuous drill
- Forwards stay on the hash marks until the Defense jump out with puck