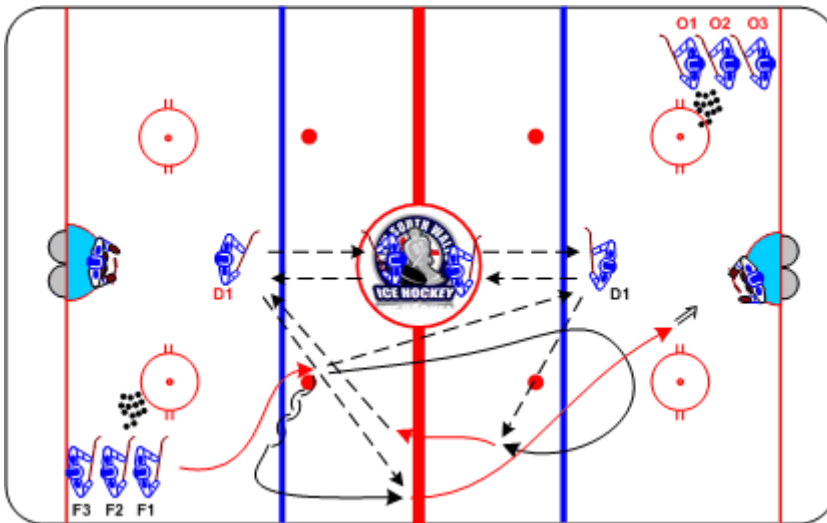


## Plunger 1-Touch and Up, Part 2

Duration: 8 mins

- F1 passes to D1 to D2 back to D1
- F1 pivots, receives pass from D1
- F1 passes to D1 to D2 back to D1
- F1 open pivots, receives pass from D1 and executes a net drive
- F1 and O1 begin together



### Coaching Tips

- Open pivot
- Both sets of defense one-touch passes
- Present a good target, accelerate into pass

### Execution Tips

- Maintain eye contact for passing options