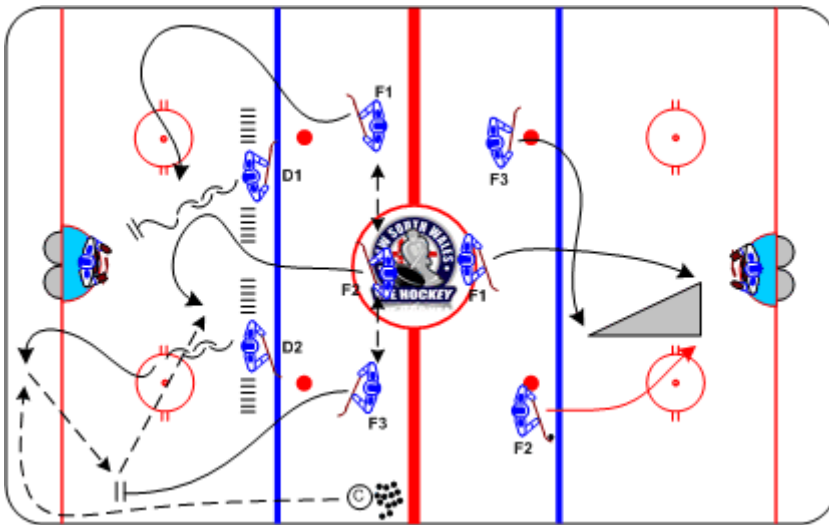




Breakout • 1,2,3 Attack

Duration: 8 mins

- Review breakout options or © dictates option(s)
- **D1** and **D2** execute lateral crossovers at the blue line
- © spots the puck where ever necessary
- **F1**, **F2**, **F3**, **D1** and **D2** breakout and attack 5-on-0
- Puck carrier drives wide with 3 options: net drive and shoot, pass to far post; pass to "1-Up" in the slot



Coaching Tips

- Communicate on the breakout
- Drive the puck wide and with speed
- Middle drive to the net
- Defense up the ice quickly

Execution Tips

- Alternative ends
- Full speed execution
- Attack triangle