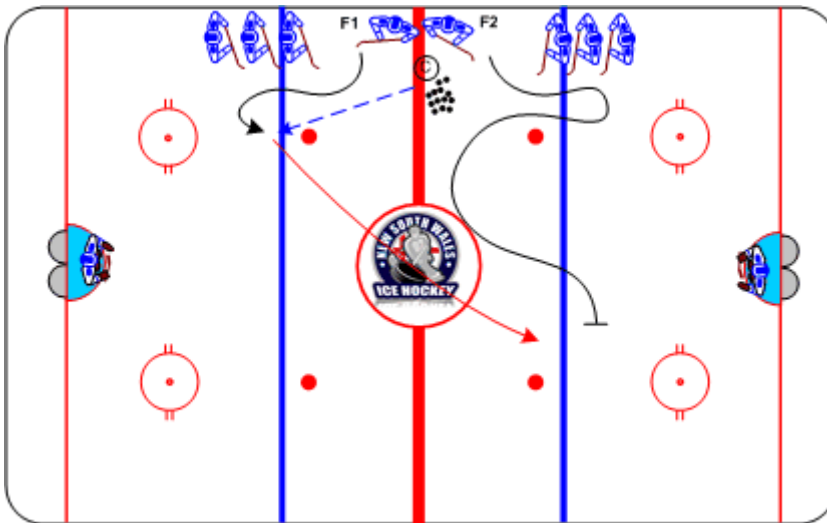




Open Ice Angle

Duration: 8 mins

- F1, F2 leave from red line on "go" from ©
- F1, F2 skate straight down boards, turn at blue line
- © passes to one player
- Other player angles puck-carrier to middle
- Continues angle & pursuit across neutral zone



Coaching Tips

- Angling
- Smart skating "angle"
- Seal & pin

Execution Tips

- F1, F2 start with one foot on red line
- © controls start of drill