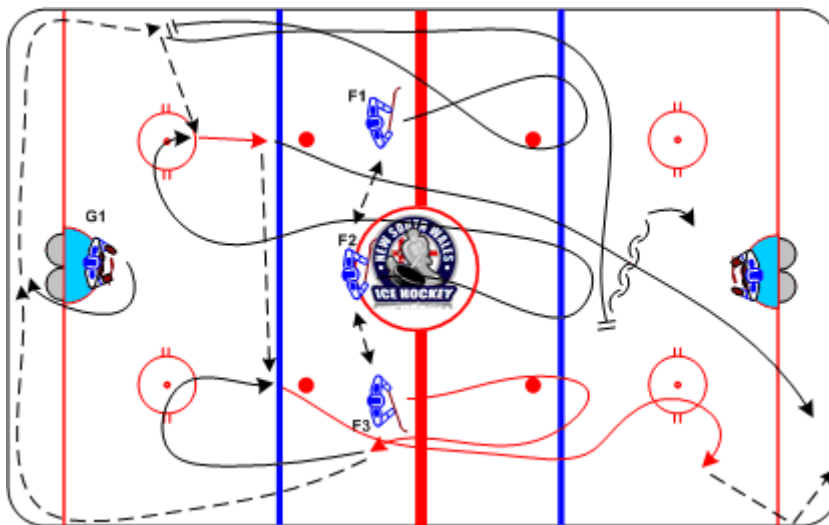




Offensive Cycle/Drive Delay

Duration: 8 mins

- **F1, F2, F3** one-touch pass, on whistle touch up at blue line
- Soft rim dump to **G1**, controls puck, rim pass to **F1** anchored low
- **F1, F2, F3** breakout using 1-2-3 Principles of Attack
- **F3** drive delay, **F2** support, **F1** high support
- On whistle, shot on net



Coaching Tips

- 1-2-3 Principles of Attack
- Drive delay
- Cycle - puck possession

Execution Tips

- Position of © indicates end to touch up at blue line
- Goalies must be at red alert