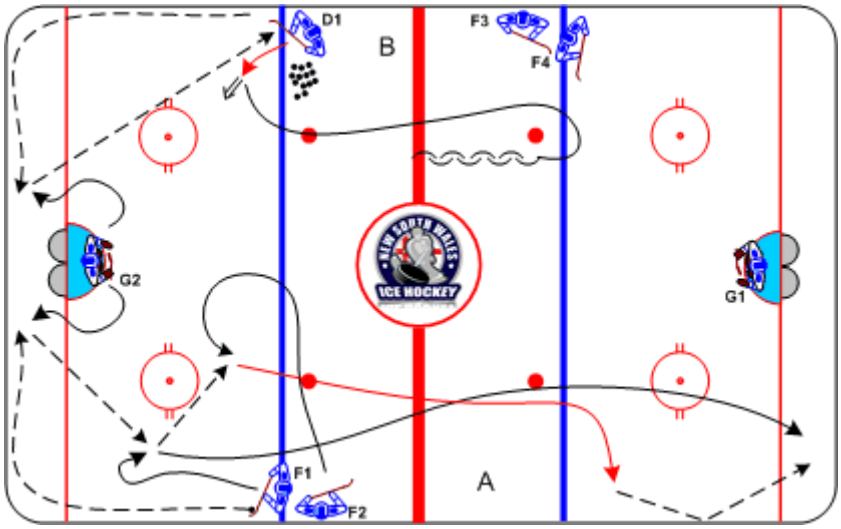
2-on-0/2-on-1 Offensive Zone Cycling

Duration: 10 mins

- Zone A: **F1** soft rim, **G2** handles puck and passes to**F1** anchored low
- **F1** touch pass to **F2**, both breakout, **F2** net drives, delays, cycles puck low - **F1** supports
- Zone B: Same as Zone A but add **D1**, soft rim to **G2**, pass to **D1**, drag and shoot
- Accept challenge 2 vs 1 with close gap in Neutral Zone



Coaching Tips

- Cycle puck low with good puck control
- Evasive skating in Neutral Zone to create time & space

Execution Tips

- Allow goalie to acknowledge that both are ready for drill to start as soon as possible