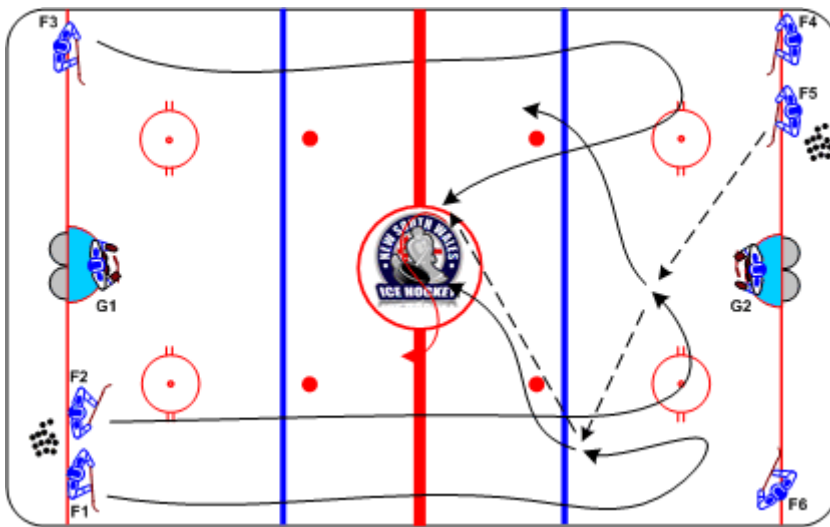




## Hound Back 3-on-0

Duration: 8 mins

- F1, F2, F3 'hound back' to defensive zone
- F4, F5 or F6 pass to F1, F2 or F3
- F1, F2, F3 breakout 3-on-0 with speed and variety
- Variety of team tactics through neutral zone
- Attack G1 using "Principles of Attack"



### Coaching Tips

- Quick transition on breakout
- Creative timing
- Attack options using width and depth

### Execution Tips

- F4, F5, F6 initiate without whistle when F1, F2, F3 cross-over centre red line