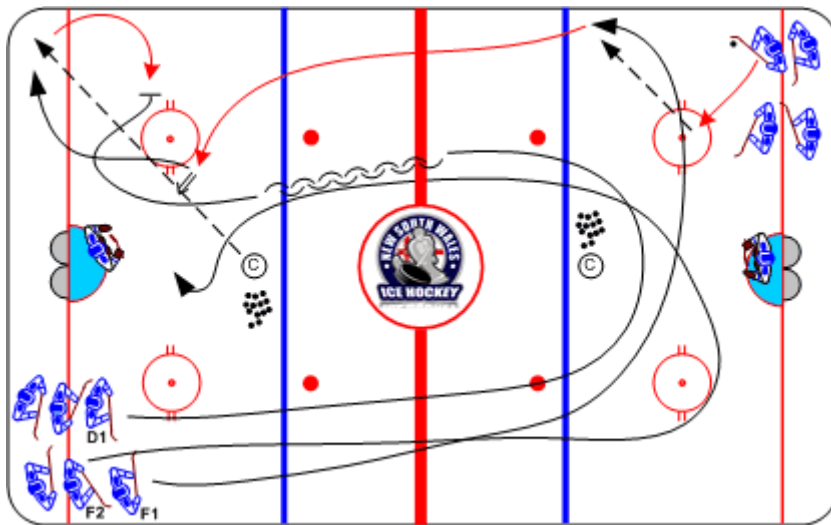




## Full Ice Low Support - Modified St Louis

Duration: 6 mins

- **F1** and **F2** curl to receive puck from opposite corner (pass from moving player)
- **F1** and **F2** play attack **D1**, 2-on-1
- After shot, © spots new puck for a 2-on-1 low zone



### Coaching Tips

- Quick transition
- Aggressive attack
- Support

### Execution Tips

- One shot only on second puck
- Focus on the drive with first puck
- **F2** in active support